

GIT FIT 5K - 2010 Overall Results

26-Jun-10

Overall Place	Bib #	Name	Gender	Time	Mile Pace	Age	City	State	Age Group
1	76	Lance Winders	M	17.38	5.41	47	Manfield	TN	45-49
2	148	Blake Gallimore	M	18.30	5.58	35	Dresden	TN	35-39
3	141	Ross Lampert	M	19.21	6.14	20	Benton	KY	20-24
4	48	Ronnie Dunn	M	19.40	6.20	48	Paducah	KY	45-49
5	155	Brad Sullivan	M	19.53	6.24	38	Mayfield	KY	35-39
6	14	Quint Chapman	M	20.07	6.29	47	Mayfield	KY	45-49
7	163	John Baker	M	20.27	6.35	42	Paducah	KY	40-44
8	174	Scott Winkler	M	20.49	6.42	47	Murray	KY	45-49
9	1	Gerick Sullivan	M	20.59	6.46	20	Calvert City	KY	20-24
10	179	Darryl Pea	M	21.01	6.46	49	Paducah	KY	45-49
11	52	Lowell Sykes	M	21.09	6.49	38	Paducah	KY	35-39
12	156	Troy Lampkin	M	21.22	6.53	15	Hardin	KY	15-19
13	144	Jacoh Thomas	M	21.41	6.59	21	Fancy Farm	KY	20-24
14	145	Todd Maxey	M	21.59	7.05	41	Dresden	TN	40-44
15	50	Josh Moore	M	22.09	7.08	29	Benton	KY	25-29
16	146	Jastin James	M	23.14	7.29	15	Dresden	TN	15-19
17	166	Amy Peal	F	23.19	7.31	40	Calvert City	KY	40-44
18	108	Jacob Austin	M	23.42	7.38	29	Calvert City	KY	25-29
19	69	Ken Smith	M	23.45	7.39	54	Symsonia	KY	50-54
20	158	Hunter Hillmann	M	23.49	7.40	14	Gilbertsville	KY	14&U
21	183	Donivon Sawyer	M	24.19	7.50	11	Dresden	TN	14&U
22	112	Matt Butler	M	24.20	7.50	28	Mayfield	KY	25-29
23	123	Curtis Parrish	M	24.25	7.52	54	Imperial	MO	50-54
24	129	Jason Teague	M	24.27	7.53	33	Benton	KY	30-34
25	169	Brian McClain	M	24.39	7.57	39	Benton	KY	35-39
26	160	Stuart Collins	M	24.41	7.57	46	Marion	KY	45-49
27	149	Michael Moody	M	24.54	8.01	40	Dresden	TN	40-44
28	27	Lindsay Carr	F	25.01	8.04	25	Mayfield	KY	25-29
29	176	Tom Bailey	M	25.02	8.04	56	Benton	KY	55-59
30	28	Bobbi Grantham	F	25.03	8.04	34	Mayfield	KY	30-34
31	116	Kyle Lovett	M	25.31	8.13	30	Benton	KY	30-34
32	159	Jeff Reeves	M	25.32	8.14	48	Gilbertsville	KY	45-49
33	142	Austin York	M	25.32	8.14	21	Benton	KY	20-24
34	106	Tyler O'Daniel	M	25.32	8.14	20	Calvert City	KY	20-24
35	5	Rodney Stinnett	M	25.39	8.16	29	Fedonia	KY	25-29
36	143	Paul Robinson	M	25.41	8.17	40	Benton	KY	40-44
37	175	Todd Truitt	M	25.49	8.19	43	Paducah	KY	40-44
38	100	Brock Watkins	M	25.52	8.20	44	Benton	KY	40-44
39	130	Buddy Napp	M	25.59	8.22	43	Murray	KY	40-44
40	90	Tim Whitaker	M	26.09	8.26	48	Paducah	KY	45-49
41	98	Jessica Watkins	F	26.18	8.29	37	Benton	KY	35-39
42	133	Michael Steffey	M	26.37	8.35	34	Ringgold	GA	30-34
43	53	Bart Schofield	M	26.52	8.40	42	Paducah	KY	40-44
44	11	Chris Sutton	M	26.57	8.41	43	Eddyville	KY	40-44
45	128	Molly Goodman	F	27.02	8.43	31	Paducah	KY	30-34
46	42	Donna Hobbs	F	27.16	8.47	42	Calvert City	KY	40-44
47	105	Jamey Spears	M	27.19	8.48	45	Boaz	KY	45-49
48	46	Jeff Allen	M	27.32	8.52	41	Murray	KY	40-44
49	104	Morgan Morris	F	27.34	8.53	24	Paducah	KY	20-24
50	168	Margaret Thomas	F	27.35	8.53	18	Benton	KY	15-19
51	119	Hannah Ellis	F	27.36	8.54	19	Benton	KY	15-19
52	65	Ashley Jones	F	27.45	8.57	43	Calvert City	KY	40-44
53	97	Bobby Worley	M	27.47	8.57	19	Brookport	IL	15-19

54	25	Melony Shemberger	F	27.48	8.58	38	Benton	KY	35-39
55	61	Ann Newcom	F	27.51	8.59	45	Marion	KY	45-49
56	63	Ashley Thomas	F	27.52	8.59	30	Marion	KY	30-34
57	121	Tony Jarvis	M	28.08	9.04	38	Paducah	KY	35-39
58	49	Larry Schlattmann	M	28.14	9.06	61	Symsonia	KY	60-69
59	147	David McDonald	M	28.23	9.09	16	Dresden	TN	15-19
60	151	Clay Palmer	M	28.48	9.17	15	Dresden	TN	15-19
61	54	Jay Tucker	M	28.59	9.20	30	Calvert City	KY	30-34
62	45	Robert Mitchell	M	29.01	9.21	34	Benton	KY	30-34
63	122	Melanie Jarvis	F	29.05	9.22	34	Paducah	KY	30-34
64	55	Tiffany Tucker	F	29.07	9.23	26	Calvert City	KY	25-29
65	154	Jeff Scott	M	29.09	9.24	33	Murray	KY	30-34
66	157	Stan Holland	M	29.20	9.27	62	Benton	KY	60-69
67	110	Scott Turnbow	M	29.32	9.31	42	Paducah	KY	40-44
68	136	Deena Whirley	F	30.03	9.41	36	Calvert City	KY	35-39
69	152	Summer Davis	F	30.06	9.42	17	Benton	KY	15-19
70	32	Stephen Kemp	M	30.22	9.47	41	Paducah	KY	40-44
71	10	Denise Sutton	F	30.41	9.53	41	Eddyville	KY	40-44
72	6	Mike Young	M	30.43	9.54	41	Benton	KY	40-44
73	137	H. W. Ford	M	30.46	9.55	78	Benton	KY	70&O
74	153	Kristen Fritz	F	30.54	9.58	18	Benton	KY	15-19
75	126	Tim Watkins	M	31.00	10.00	29	Paducah	KY	25-29
76	30	Cherith Griggs	F	31.23	10.07	30	Calvert City	KY	30-34
77	125	Jamie Hathcock	M	31.23	10.07	30	Benton	KY	30-34
78	127	Tim Watkins Jr	M	31.28	10.09	8	Paducah	KY	14&U
79	94	Michael Arant	M	31.33	10.10	46	Calvert City	KY	45-49
80	29	Heather Gustin	F	31.41	10.13	33	Princeton	KY	30-34
81	178	Regina Pea	F	31.45	10.14	49	Paducah	KY	45-49
82	68	Kathleen Smith	F	31.47	10.15	54	Symsonia	KY	50-54
83	15	Joe Chapman	M	31.50	10.16	71	Mayfield	KY	70&O
84	75	Scott Gibbs	M	32.18	10.25	31	Benton	KY	30-34
85	95	Bargara Workman	F	32.36	10.30	59	Benton	KY	55-59
86	182	Crystal Byers	F	32.55	10.37	31	Kevil	KY	30-34
87	185	Bobby Larson	M	32.58	10.38	48	Calvert City	TN	45-49
88	118	Mariah Ellis	F	33.18	10.44	22	Benton	KY	20-24
89	103	Nancy Glover	F	33.25	10.46	46	Calvert City	KY	45-49
90	134	Christina Steffey	F	33.33	10.49	34	Ringgold	GA	30-34
91	107	Lori Davis	F	33.52	10.55	33	Princeton	KY	30-34
92	62	Tonia Courtney	F	34.33	11.08	40	Marion	KY	40-44
93	7	Donna Beals	F	34.39	11.10	53	Cadiz	KY	50-54
94	140	Dan B. Quick	M	34.39	11.10	75	Cadiz	KY	70&O
95	135	Don Steffey	M	34.55	11.15	64	Murray	KY	60-69
96	170	Crystal McClain	F	35.01	11.17	35	Benton	KY	35-39
97	41	Billy Harrell	M	35.02	11.18	50	Calvert City	KY	50-54
98	91	Keena Lyles	F	35.26	11.25	47	Calvert City	KY	45-49
99	92	Anita Stevenson	F	35.27	11.26	47	Calvert City	KY	45-49
100	165	Savana Peal	F	35.51	11.33	13	Calvert City	KY	14&U
101	124	Karen Parrish	F	36.10	11.40	54	Imperial	MO	50-54
102	167	Sarah Cunningham	F	36.11	11.40	27	Paducah	KY	25-29
103	12	Mark Tucker	M	36.29	11.46	47	Paducah	KY	45-49
104	33	Lee Brown	M	36.51	11.53	52	Calvert City	KY	50-54
105	138	Muron Beals	M	37.27	12.04	54	Cadiz	KY	50-54
106	171	Kristen Nelson	F	37.28	12.05	20	Benton	KY	20-24
107	184	Ron Nelson	M	37.29	12.05	51	Benton	TN	50-54
108	8	Melissa Winn	F	37.39	12.08	41	Smithland	KY	40-44
109	172	Amy Lynn DeFew	F	37.45	12.10	31	Eddyville	KY	30-34
110	139	Toni Martinazzi	F	37.48	12.11	74	Cadiz	KY	70&O
111	132	Fred Miller	M	38.12	12.19	73	Benton	KY	70&O

112	3	Antoinette Mathews	F	38.24	12.23	43	Calvert City	KY	40-44
113	164	Terri Wehmeyer	F	39.14	12.39	38	Paducah	KY	35-39
114	115	Jessica Hicks	F	39.34	12.45	28	Benton	KY	25-29
115	93	Kaitlyn Arant	F	39.40	12.47	27	Calvert City	KY	25-29
116	102	Kellee Hooks	F	39.41	12.48	37	Murray	KY	35-39
117	173	Margaret Hayes	F	39.44	12.49	32	Princeton	KY	30-34
118	96	Nan Arant	F	39.53	12.51	43	Calvert City	KY	40-44
119	40	Holly Frick	F	40.40	13.07	28	Boaz	KY	25-29
120	162	Regina Moore	F	40.44	13.08	40	Paducah	KY	40-44
121	99	Tammy Fugate	F	40.44	13.08	48	Paducah	KY	45-49
122	161	Andy Wyatt	M	40.44	13.08	39	Benton	KY	35-39
123	109	Vickie Dunkerson	F	40.51	13.10	46	Smithland	KY	45-49
124	131	Jessica Morris	F	41.13	13.17	41	Metropolis	IL	40-44
125	43	Karl Waldman	M	41.17	13.19	64	Cadiz	KY	60-69
126	150	Kaegan Moody	M	41.32	13.23	12	Dresden	TN	14&U
127	4	Elizabeth Rohrer	F	41.36	13.25	24	Benton	KY	20-24
128	60	April Flexter	F	41.59	13.32	27	Murray	KY	25-29
129	17	Carolyn Allen	F	43.41	14.05	54	Benton	KY	50-54
130	111	Becca Butler	F	43.44	14.06	28	Mayfield	KY	25-29
131	66	Renee Harrington	F	44.15	14.16	52	Benton	KY	50-54
132	67	Julie Cone	F	44.34	14.22	52	Calvert City	KY	50-54
133	59	Adam Padgett	M	44.51	14.28	13	Benton	KY	14&U
134	120	Rene' Ellis	F	45.26	14.39	55	Benton	KY	55-59
135	19	Renea McDowell	F	45.27	14.39	31	Paducah	KY	30-34
136	20	Shelia Hughes	F	46.57	15.08	50	Fredonia	KY	50-54
137	181	Ralph Howard	M	47.03	15.10	60	Calvert City	KY	60-69
138	57	Susan Padgett	F	47.36	15.21	43	Benton	KY	40-44
139	56	Danny Padgett	M	47.37	15.21	44	Benton	KY	40-44
140	77	Tiffany Collins	F	48.13	15.33	45	Benton	KY	45-49
141	9	Debbie Thompson	F	48.38	15.41	49	Dexter	KY	45-49
142	26	Judy Oakley	F	48.38	15.41	56	Hardin	KY	55-59
143	64	Brandi Clements	F	48.45	15.43	33	Clay	KY	30-34
144	37	Barbara Hunt	F	48.46	15.43	62	Marion	KY	60-69
145	85	Mitzi Fields	F	48.53	15.46	55	Princeton	KY	55-59
146	74	Angela Gibbs	F	49.20	15.54	31	Benton	KY	30-34
147	114	Melanie Morton	F	49.35	15.59	31	Mayfield	KY	30-34
148	180	Linda Howard	F	49.36	16.00	58	Calvert City	KY	55-59
149	44	Joanne Waldman	F	51.08	16.29	63	Cadiz	KY	60-69
150	21	Nathen Adams	M	51.16	16.32	20	Paducah	KY	20-24
151	39	Tina Story	F	53.06	17.07	46	Calvert City	KY	45-49
152	81	Teri Shewcraft	F	53.30	17.15	46	Calvert City	KY	45-49
153	83	Lona Harrell	F	53.32	17.16	41	Calvert City	KY	40-44
154	82	Vicki McGregor	F	53.33	17.16	53	Benton	KY	50-54
155	71	Caria Rogers	F	53.52	17.22	42	Gilbertsville	KY	40-44
156	72	Natasha Bridgeman	F	53.55	17.23	22	Gilbertsville	KY	20-24
157	36	Nikki Buchanan	F	53.59	17.24	27	Symsonia	KY	25-29
158	86	Wendy Elrod	F	55.35	17.55	45	Calvert City	KY	45-49
159	88	Dora Holder	F	55.38	17.56	41	Calvert City	KY	40-44
160	84	Faye Williamson	F	56.30	18.13	69	Calvert City	KY	60-69
161	80	Joan Savage	F	56.31	18.13	72	Calvert City	KY	70&O
162	101	Kelsea Swafford	F	57.18	18.29	14	Murray	KY	14&U
163	78	Melissa Faughn	F	58.10	18.45	35	Fredonia	KY	35-39
164	2	Tracy Rogers	F	58.11	18.46	36	Calvert City	Ky	35-39
165	35	Tammy Knott	F	59.53	19.19	29	Paducah	KY	25-29
166	34	Jessica Winters	F	59.54	19.19	24	Mayfield	KY	20-24