

# GIT FIT 5K - 2010 AGE GROUP RESULTS

26-Jun-10

Overall Place	Bib #	Name	Gender	Time	Mile Pace	Age	City	State	Age Place	Age Group
17	166	Amy Peal	F	23.19	7.31	40	Calvert City	KY	1	1st OA F
28	27	Linday Carr	F	25.01	8.04	25	Mayfield	KY	2	2nd OA F
30	28	Bobbi Grantham	F	25.03	8.04	34	Mayfield	KY	3	3rd OA F
100	165	Savana Peal	F	35.51	11.33	13	Calvert City	KY	1	14&U
162	101	Kelsea Swafford	F	57.18	18.29	14	Murray	KY	2	14&U
50	168	Margaret Thomas	F	27.35	8.53	18	Benton	KY	1	15-19
51	119	Hannah Ellis	F	27.36	8.54	19	Benton	KY	2	15-19
69	152	Summer Davis	F	30.06	9.42	17	Benton	KY	3	15-19
74	153	Kristen Fritz	F	30.54	9.58	18	Benton	KY	4	15-19
49	104	Morgan Morris	F	27.34	8.53	24	Paducah	KY	1	20-24
88	118	Mariah Ellis	F	33.18	10.44	22	Benton	KY	2	20-24
106	171	Kristen Nelson	F	37.28	12.05	20	Benton	KY	3	20-24
127	4	Elizabeth Rohrer	F	41.36	13.25	24	Benton	KY	4	20-24
156	72	Natasha Bridgeman	F	53.55	17.23	22	Gilbertsville	KY	5	20-24
166	34	Jessica Winters	F	59.54	19.19	24	Mayfield	KY	6	20-24
64	55	Tiffany Tucker	F	29.07	9.23	26	Calvert City	KY	1	25-29
102	167	Sarah Cunningham	F	36.11	11.40	27	Paducah	KY	2	25-29
114	115	Jessica Hicks	F	39.34	12.45	28	Benton	KY	3	25-29
115	93	Kaitlyn Arant	F	39.40	12.47	27	Calvert City	KY	4	25-29
119	40	Holly Frick	F	40.40	13.07	28	Boaz	KY	5	25-29
128	60	April Flexter	F	41.59	13.32	27	Murray	KY	6	25-29
130	111	Becca Butler	F	43.44	14.06	28	Mayfield	KY	7	25-29
157	36	Nikki Buchanan	F	53.59	17.24	27	Symsonia	KY	8	25-29
165	35	Tammy Knott	F	59.53	19.19	29	Paducah	KY	9	25-29
45	128	Molly Goodman	F	27.02	8.43	31	Paducah	KY	1	30-34
56	63	Ashley Thomas	F	27.52	8.59	30	Marion	KY	2	30-34
63	122	Melanie Jarvis	F	29.05	9.22	34	Paducah	KY	3	30-34
76	30	Cherith Griggs	F	31.23	10.07	30	Calvert City	KY	4	30-34
80	29	Heather Gustin	F	31.41	10.13	33	Princeton	KY	5	30-34
86	182	Crystal Byers	F	32.55	10.37	31	Kevil	KY	6	30-34
90	134	Christina Steffey	F	33.33	10.49	34	Ringgold	GA	7	30-34
91	107	Lori Davis	F	33.52	10.55	33	Princeton	KY	8	30-34
109	172	Amy Lynn DeFew	F	37.45	12.10	31	Eddyville	KY	9	30-34
117	173	Margaret Hayes	F	39.44	12.49	32	Princeton	KY	10	30-34
135	19	Renea McDowell	F	45.27	14.39	31	Paducah	KY	11	30-34
143	64	Brandi Clements	F	48.45	15.43	33	Clay	KY	12	30-34
146	74	Angela Gibbs	F	49.20	15.54	31	Benton	KY	13	30-34
147	114	Melanie Morton	F	49.35	15.59	31	Mayfield	KY	14	30-34
41	98	Jessica Watkins	F	26.18	8.29	37	Benton	KY	1	35-39
54	25	Melony Shemberger	F	27.48	8.58	38	Benton	KY	2	35-39
68	136	Deena Whirley	F	30.03	9.41	36	Calvert City	KY	3	35-39
96	170	Crystal McClain	F	35.01	11.17	35	Benton	KY	4	35-39
113	164	Terri Wehmeyer	F	39.14	12.39	38	Paducah	KY	5	35-39
116	102	Kellee Hooks	F	39.41	12.48	37	Murray	KY	6	35-39
163	78	Melissa Faughn	F	58.10	18.45	35	Fredonia	KY	7	35-39
164	2	Tracy Rogers	F	58.11	18.46	36	Calvert City	Ky	8	35-39

46	42	Donna Hobbs	F	27.16	8.47	42	Calvert City	KY	1	40-44
52	65	Ashley Jones	F	27.45	8.57	43	Calvert City	KY	2	40-44
71	10	Denise Sutton	F	30.41	9.53	41	Eddyville	KY	3	40-44
92	62	Tonia Courtney	F	34.33	11.08	40	Marion	KY	4	40-44
108	8	Melissa Winn	F	37.39	12.08	41	Smithland	KY	5	40-44
112	3	Antoinette Mathews	F	38.24	12.23	43	Calvert City	KY	6	40-44
118	96	Nan Arant	F	39.53	12.51	43	Calvert City	KY	7	40-44
120	162	Regina Moore	F	40.44	13.08	40	Paducah	KY	8	40-44
124	131	Jessica Morris	F	41.13	13.17	41	Metropolis	IL	9	40-44
138	57	Susan Padgett	F	47.36	15.21	43	Benton	KY	10	40-44
153	83	Lona Harrell	F	53.32	17.16	41	Calvert City	KY	11	40-44
155	71	Caria Rogers	F	53.52	17.22	42	Gilbertsville	KY	12	40-44
159	88	Dora Holder	F	55.38	17.56	41	Calvert City	KY	13	40-44

55	61	Ann Newcom	F	27.51	8.59	45	Marion	KY	1	45-49
81	178	Regina Pea	F	31.45	10.14	49	Paducah	KY	2	45-49
89	103	Nancy Glover	F	33.25	10.46	46	Calvert City	KY	3	45-49
98	91	Keena Lyles	F	35.26	11.25	47	Calvert City	KY	4	45-49
99	92	Anita Stevenson	F	35.27	11.26	47	Calvert City	KY	5	45-49
121	99	Tammy Fugate	F	40.44	13.08	48	Paducah	KY	6	45-49
123	109	Vickie Dunkerson	F	40.51	13.10	46	Smithland	KY	7	45-49
140	77	Tiffany Collins	F	48.13	15.33	45	Benton	KY	8	45-49
141	9	Debbie Thompson	F	48.38	15.41	49	Dexter	KY	9	45-49
151	39	Tina Story	F	53.06	17.07	46	Calvert City	KY	10	45-49
152	81	Teri Shewcraft	F	53.30	17.15	46	Calvert City	KY	11	45-49
158	86	Wendy Elrod	F	55.35	17.55	45	Calvert City	KY	12	45-49

82	68	Kathleen Smith	F	31.47	10.15	54	Symsonia	KY	1	50-54
93	7	Donna Beals	F	34.39	11.10	53	Cadiz	KY	2	50-54
101	124	Karen Parrish	F	36.10	11.40	54	Imperial	MO	3	50-54
129	17	Carolyn Allen	F	43.41	14.05	54	Benton	KY	4	50-54
131	66	Renee Harrington	F	44.15	14.16	52	Benton	KY	5	50-54
132	67	Julie Cone	F	44.34	14.22	52	Calvert City	KY	6	50-54
136	20	Shelia Hughes	F	46.57	15.08	50	Fredonia	KY	7	50-54
154	82	Vicki McGregor	F	53.33	17.16	53	Benton	KY	8	50-54

85	95	Bargara Workman	F	32.36	10.30	59	Benton	KY	1	55-59
134	120	Rene' Ellis	F	45.26	14.39	55	Benton	KY	2	55-59
142	26	Judy Oakley	F	48.38	15.41	56	Hardin	KY	3	55-59
145	85	Mitzi Fields	F	48.53	15.46	55	Princeton	KY	4	55-59
148	180	Linda Howard	F	49.36	16.00	58	Calvert City	KY	5	55-59

144	37	Barbara Hunt	F	48.46	15.43	62	Marion	KY	1	60-69
149	44	Joanne Waldman	F	51.08	16.29	63	Cadiz	KY	2	60-69
160	84	Faye Williamson	F	56.30	18.13	69	Calvert City	KY	3	60-69

110	139	Toni Martinazzi	F	37.48	12.11	74	Cadiz	KY	1	70&O
161	80	Joan Savage	F	56.31	18.13	72	Calvert City	KY	2	70&O

**MALE**

1	76	Lance Winders	M	17.38	5.41	47	Manfield	TN	1	1st OA M
2	148	Blake Gallimore	M	18.30	5.58	35	Dresden	TN	2	2nd OA M
3	141	Ross Lampert	M	19.21	6.14	20	Benton	KY	3	3rd OA M
20	158	Hunter Hillmann	M	23.49	7.40	14	Gilbertsville	KY	1	14&U
21	183	Donivon Sawyer	M	24.19	7.50	11	Dresden	TN	2	14&U

78	127	Tim Watkins Jr	M	31.28	10.09	8	Paducah	KY	3	14&U
126	150	Kaegan Moody	M	41.32	13.23	12	Dresden	TN	4	14&U
133	59	Adam Padgett	M	44.51	14.28	13	Benton	KY	5	14&U
12	156	Troy Lampkin	M	21.22	6.53	15	Hardin	KY	1	15-19
16	146	Jastin James	M	23.14	7.29	15	Dresden	TN	2	15-19
53	97	Bobby Worley	M	27.47	8.57	19	Brookport	IL	3	15-19
59	147	David McDonald	M	28.23	9.09	16	Dresden	TN	4	15-19
60	151	Clay Palmer	M	28.48	9.17	15	Dresden	TN	5	15-19
9	1	Gerick Sullivan	M	20.59	6.46	20	Calvert City	KY	1	20-24
13	144	Jacoh Thomas	M	21.41	6.59	21	Fancy Farm	KY	2	20-24
33	142	Austin York	M	25.32	8.14	21	Benton	KY	3	20-24
34	106	Tyler O'Daniel	M	25.32	8.14	20	Calvert City	KY	4	20-24
150	21	Nathen Adams	M	51.16	16.32	20	Paducah	KY	5	20-24
15	50	Josh Moore	M	22.09	7.08	29	Benton	KY	1	25-29
18	108	Jacob Austin	M	23.42	7.38	29	Calvert City	KY	2	25-29
22	112	Matt Butler	M	24.20	7.50	28	Mayfield	KY	3	25-29
35	5	Rodney Stinnett	M	25.39	8.16	29	Fedonia	KY	4	25-29
75	126	Tim Watkins	M	31.00	10.00	29	Paducah	KY	5	25-29
24	129	Jason Teague	M	24.27	7.53	33	Benton	KY	1	30-34
31	116	Kyle Lovett	M	25.31	8.13	30	Benton	KY	2	30-34
42	133	Michael Steffey	M	26.37	8.35	34	Ringgold	GA	3	30-34
61	54	Jay Tucker	M	28.59	9.20	30	Calvert City	KY	4	30-34
62	45	Robert Mitchell	M	29.01	9.21	34	Benton	KY	5	30-34
65	154	Jeff Scott	M	29.09	9.24	33	Murray	KY	6	30-34
77	125	Jamie Hathcock	M	31.23	10.07	30	Benton	KY	7	30-34
84	75	Scott Gibbs	M	32.18	10.25	31	Benton	KY	8	30-34
5	155	Brad Sullivan	M	19.53	6.24	38	Mayfield	KY	1	35-39
11	52	Lowell Sykes	M	21.09	6.49	38	Paducah	KY	2	35-39
25	169	Brian McClain	M	24.39	7.57	39	Benton	KY	3	35-39
57	121	Tony Jarvis	M	28.08	9.04	38	Paducah	KY	4	35-39
122	161	Andy Wyatt	M	40.44	13.08	39	Benton	KY	5	35-39
7	163	John Baker	M	20.27	6.35	42	Paducah	KY	1	40-44
14	145	Todd Maxey	M	21.59	7.05	41	Dresden	TN	2	40-44
27	149	Michael Moody	M	24.54	8.01	40	Dresden	TN	3	40-44
36	143	Paul Robinson	M	25.41	8.17	40	Benton	KY	4	40-44
37	175	Todd Truitt	M	25.49	8.19	43	Paducah	KY	5	40-44
38	100	Brock Watkins	M	25.52	8.20	44	Benton	KY	6	40-44
39	130	Buddy Napp	M	25.59	8.22	43	Murray	KY	7	40-44
43	53	Bart Schofield	M	26.52	8.40	42	Paducah	KY	8	40-44
44	11	Chris Sutton	M	26.57	8.41	43	Eddyville	KY	9	40-44
48	46	Jeff Allen	M	27.32	8.52	41	Murray	KY	10	40-44
67	110	Scott Turnbow	M	29.32	9.31	42	Paducah	KY	11	40-44
70	32	Stephen Kemp	M	30.22	9.47	41	Paducah	KY	12	40-44
72	6	Mike Young	M	30.43	9.54	41	Benton	KY	13	40-44
139	56	Danny Padgett	M	47.37	15.21	44	Benton	KY	14	40-44
4	48	Ronnie Dunn	M	19.40	6.20	48	Paducah	KY	1	45-49
6	14	Quint Chapman	M	20.07	6.29	47	Mayfield	KY	2	45-49
8	174	Scott Winkler	M	20.49	6.42	47	Murray	KY	3	45-49
10	179	Darryl Pea	M	21.01	6.46	49	Paducah	KY	4	45-49
26	160	Stuart Collins	M	24.41	7.57	46	Marion	KY	5	45-49
32	159	Jeff Reeves	M	25.32	8.14	48	Gilbertsville	KY	6	45-49

40	90	Tim Whitaker	M	26.09	8.26	48	Paducah	KY	7	45-49
47	105	Jamey Spears	M	27.19	8.48	45	Boaz	KY	8	45-49
79	94	Michael Arant	M	31.33	10.10	46	Calvert City	KY	9	45-49
87	185	Bobby Larson	M	32.58	10.38	48	Calvert City	TN	10	45-49
103	12	Mark Tucker	M	36.29	11.46	47	Paducah	KY	11	45-49
19	69	Ken Smith	M	23.45	7.39	54	Symsonia	KY	1	50-54
23	123	Curtis Parrish	M	24.25	7.52	54	Imperial	MO	2	50-54
97	41	Billy Harrell	M	35.02	11.18	50	Calvert City	KY	3	50-54
104	33	Lee Brown	M	36.51	11.53	52	Calvert City	KY	4	50-54
105	138	Muron Beals	M	37.27	12.04	54	Cadiz	KY	5	50-54
107	184	Ron Nelson	M	37.29	12.05	51	Benton	TN	6	50-54
29	176	Tom Bailey	M	25.02	8.04	56	Benton	KY	1	55-59
58	49	Larry Schlattmann	M	28.14	9.06	61	Symsonia	KY	1	60-69
66	157	Stan Holland	M	29.20	9.27	62	Benton	KY	2	60-69
95	135	Don Steffey	M	34.55	11.15	64	Murray	KY	3	60-69
125	43	Karl Waldman	M	41.17	13.19	64	Cadiz	KY	4	60-69
137	181	Ralph Howard	M	47.03	15.10	60	Calvert City	KY	5	60-69
73	137	H. W. Ford	M	30.46	9.55	78	Benton	KY	1	70&O
83	15	Joe Chapman	M	31.50	10.16	71	Mayfield	KY	2	70&O
94	140	Dan B. Quick	M	34.39	11.10	75	Cadiz	KY	3	70&O
111	132	Fred Miller	M	38.12	12.19	73	Benton	KY	4	70&O



